



# Naka le Nala ba bua ka moyo

Ndivhuho Mutsila

Simon Mokoena



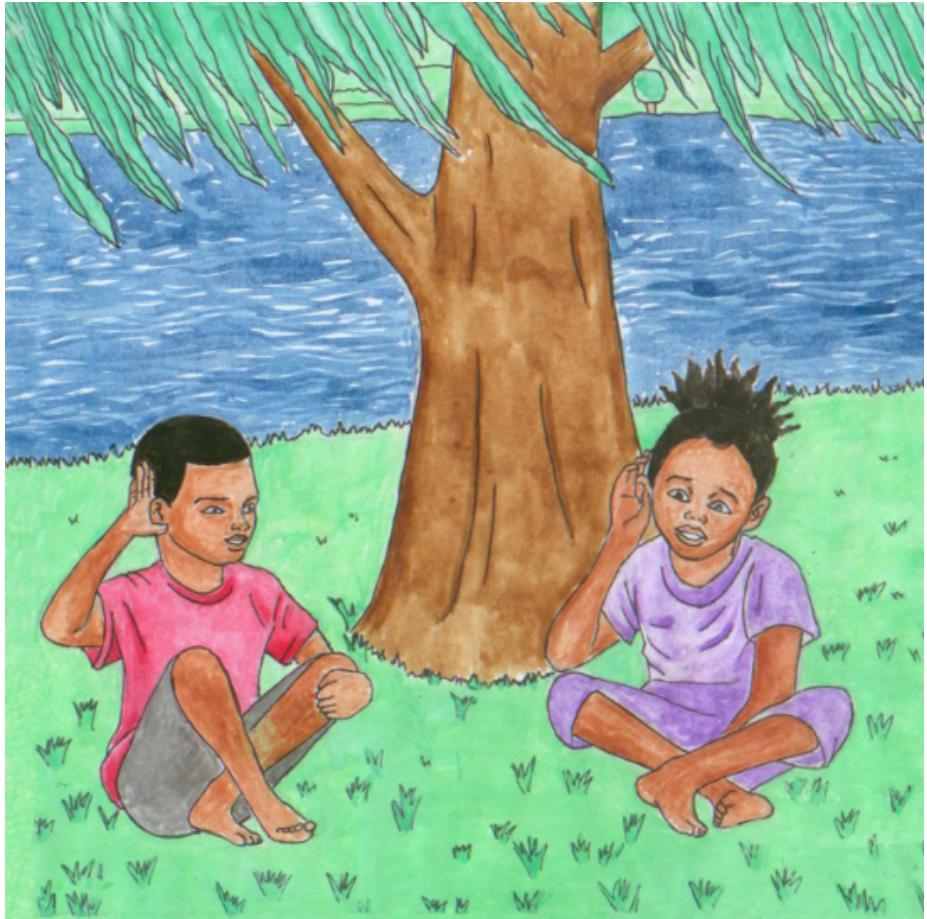
Sesotho (South Africa)

First paragraphs



Naka le Nala ba dutse thoteng e ommeng tlasa sefate.

Nala o utlwa mahlaku a tsitsinyehang ha a utlwa moyo o phodileng.



"Mamela Naka. Na o utlwa mahlaku a sefate?"  
ho botsa Nala.

"Ee, ke ya a utlwa ebile ke bona ha a sisinyeha,"  
ho arabा Naka.



"Na o ya hopola hore ke eng se bakang ho sisinyeha ha mahlaku?" ho botsa Naka.

"Ke ha moyo o fefola dintho," Nala a araba.

"Ke nahana hore ke moyo," Naka araba.



"Re potapotilwe ke moyo o sa bonahaleng...."  
Nala a qala.

Naka o mo kena hanong, "Empa re bona le ho  
utlwa mahlaku a sisinyeha!"



Nala o tswela pele, "Moya ha o bonahale empare bona le ho utlwa diketso tsa moyo."

"Ke moyo o fokang?" ho botsa Naka.

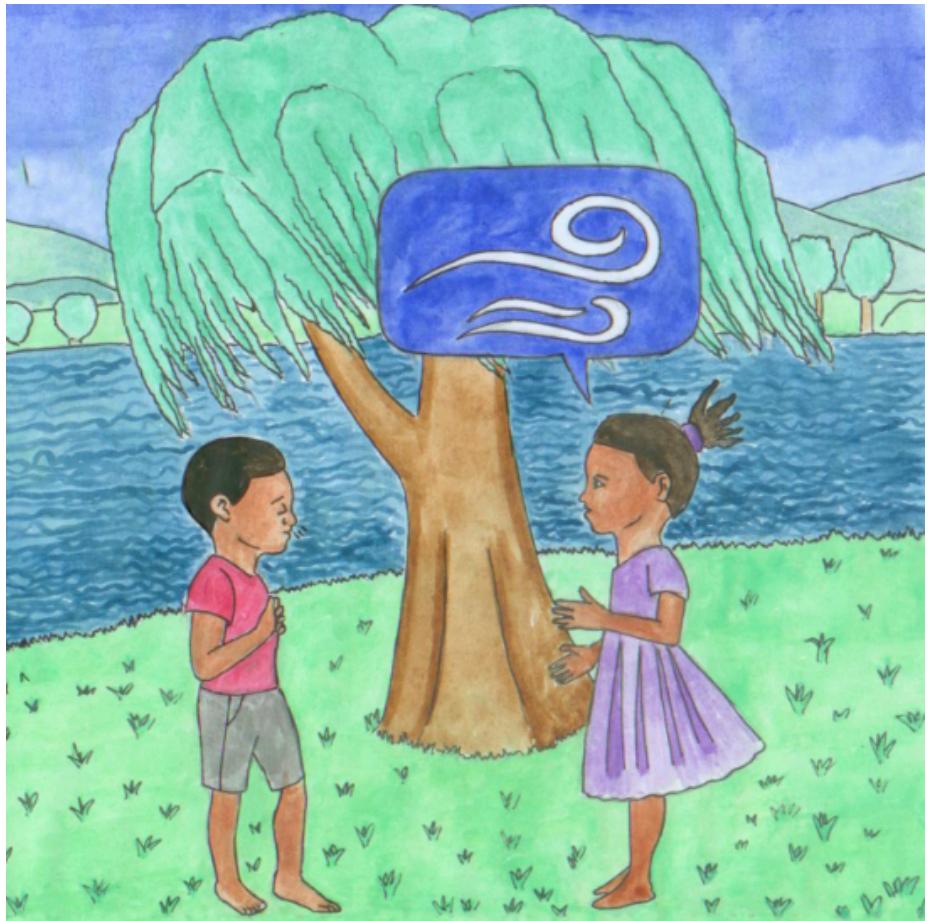


"Ee," Nala a bosesela.

O tswela pele, "Moya o na le marothodi a metsi marung. Ha marothodi ana a eba boima, a rothela fatshe jwaloka pula."



"Akanya re se re nyolohela marung ka baluni ya  
moya o tjhesang. Baluni ena e tshwana le  
lerothodi la metsi le fuperweng ke moyo," ho  
rialo Nala.



"Re hema moyā," ho hopola Naka

"Ee, hore diphoofolo le dimela di phele, di hloka moyā," ke Nala yeo.

"Kaofela re hloka moyā o hlwekileng," ho dumela Naka.



"Ha re bone moyā, empa o bopilwe ka eng?" ho  
botsa Naka.

"Moyā ke motswako wa digase le lerole," ho  
araba Nala.



"Lefatshe le phuthetswe ke moyo," ke Nala yeo.

"Moya o re pota-potile. Moya wa lefatshe o tloha mona ho fihlela hodimo," o bontsha ka matsoho.

## —Dipotso

1. Pale ena e bua ka mang?
2. Ba ho kae?
3. Ke eng tse hlokang moyo hore di phele?
4. Moya o entswe ka eng?
5. Moya o ho kae?
6. Pula ena hobanang?
7. Moya ke eng?
8. Fumana pale ya moyad.
9. Moya o hlwekileng ke eng?



Ulwazi Lwethu is a Zenex Foundation funded and initiated project to develop a series of graded and leisure African language readers and teacher support materials. This project is targeted at teaching and supporting learners in the Foundation Phase to improve their home language reading and understanding. The readers have been originated in nine African languages in collaboration with Molteno Institute for Language and Literacies, Nelson Mandela Institute for Education and Rural Development, Room to Read South Africa, and Saide. All resources are developed as Open Education Resources (OER).



Your attribution should include the following:

**Title:** Naka le Nala ba bua ka moyo  
**Author/s:** Ndivhuho Mutsila  
**Translator/s:** Mathapelo Morake  
**Illustrator/s:** Simon Mokoena  
**Assurer/s:** Nthabiseng Tsatsi  
**Language:** Sesotho (South Africa)



© Zenex Foundation - Saide 2023

CC BY includes the following elements:

BY – Credit must be given to the creator

