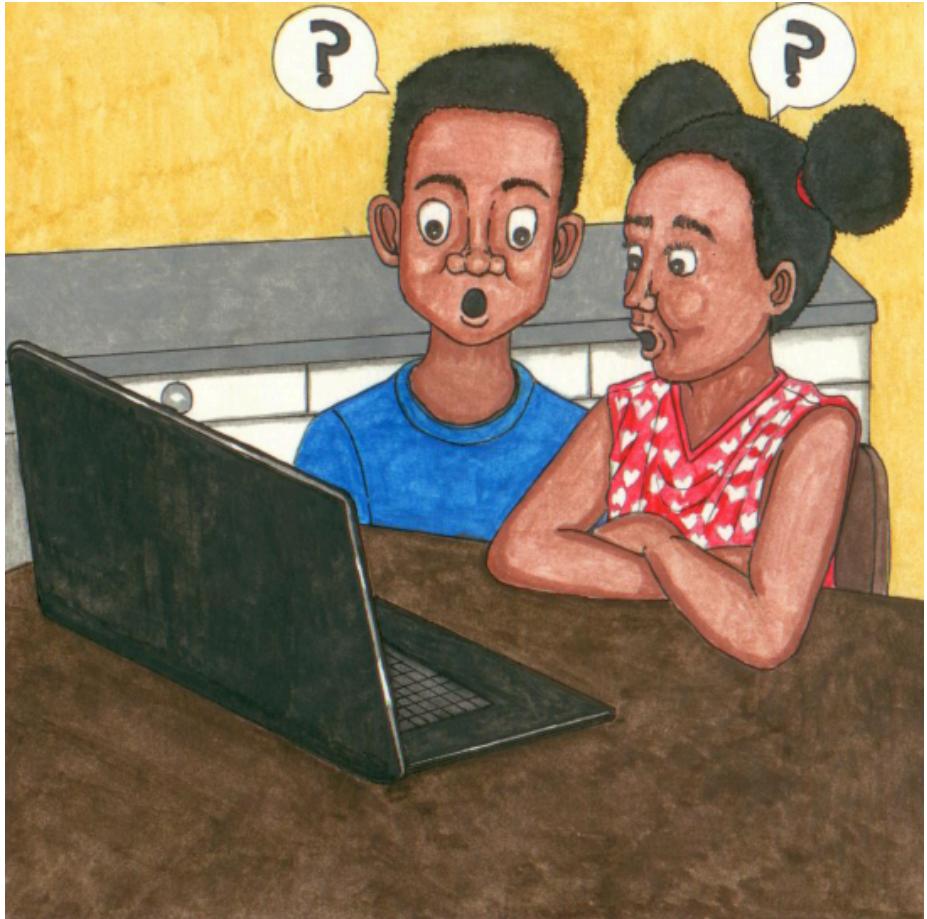




Polokeho ya inthanete

Patricia Ndlovu
Sibusiso Khumalo

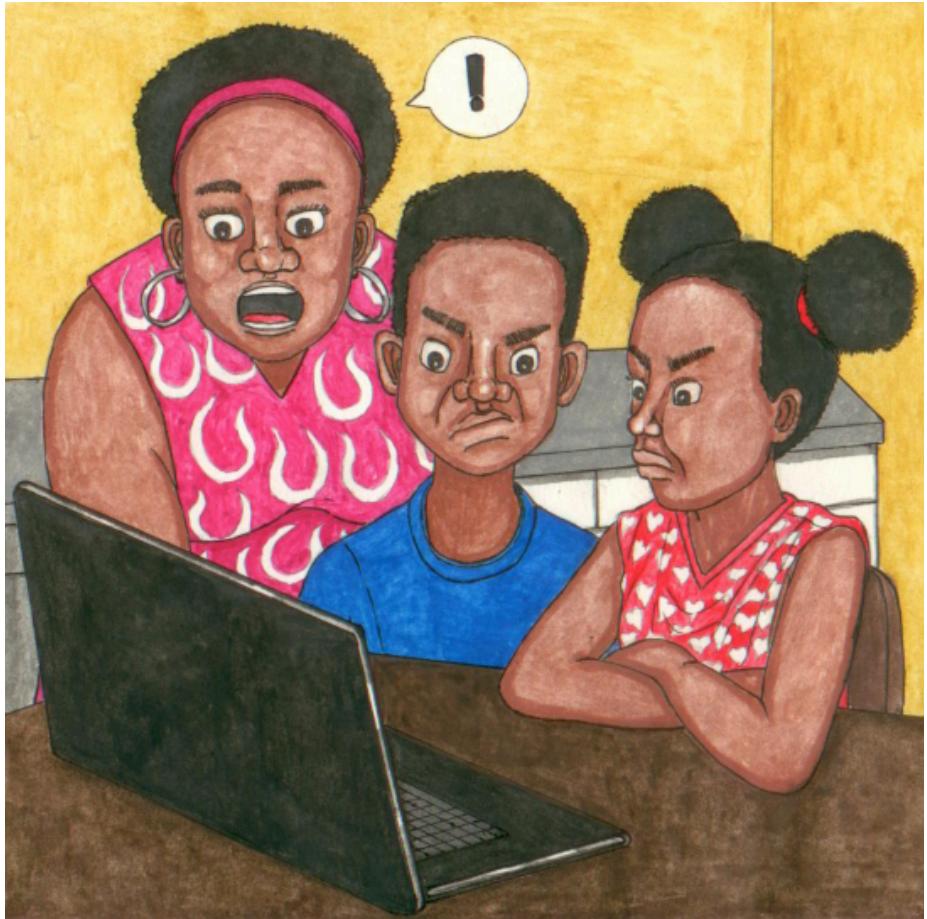




Inthanete e fana ka monyetla wa ho ithuta, ho bapala dipapadi, lebenkele le ho bua le metswalle jwaloka ha ho tlwaelehile ka mehla yohle.

Hape e kaba sebaka se kotsi baneng.

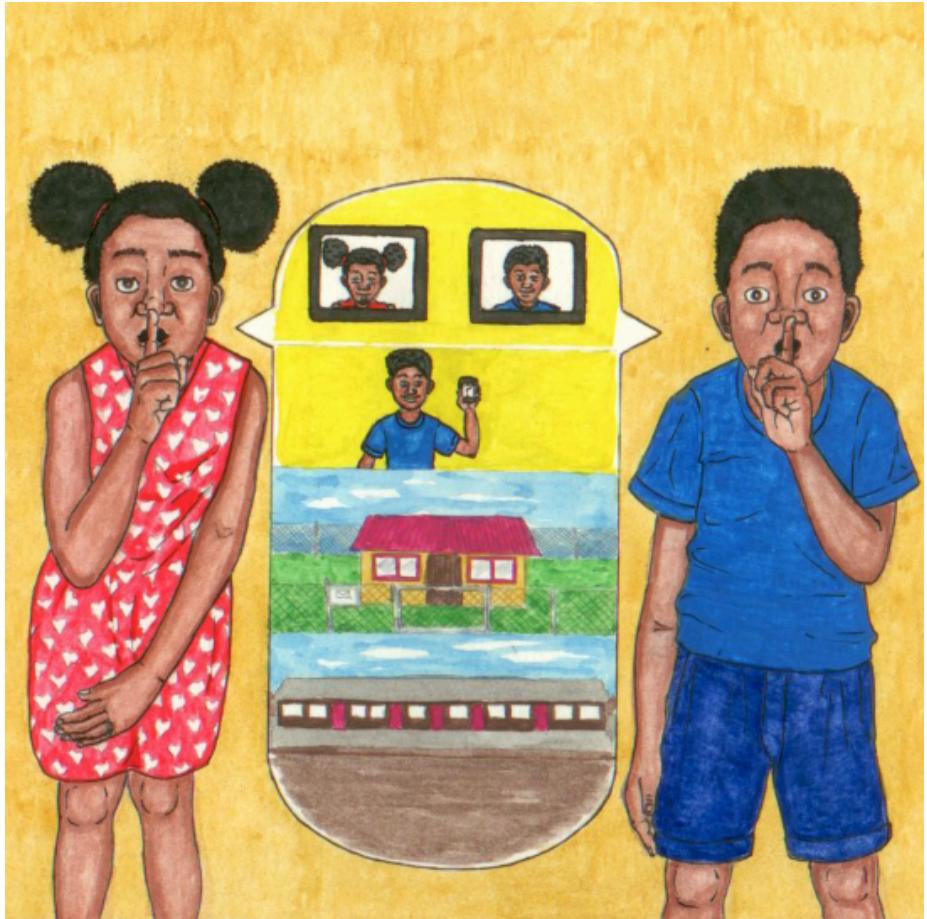
Ke hobane ho ena le batho ba sebedisang inthanete ka mokgwa o fosahetseng.



Ba bang ba batho ba sebedisang inthanete hampe ke:

- Mashodu a utswang ditaba tsa boitsebiso ba hao.
- Bahlorisi ba inthanete ba hlekefetsang, ba tlontlollang le ho nyenyefatsa ba bang.
- Batho ba bopang setswalle le wena ka sepheo sa ho o sebedisa.

O tla bala ha holwanyane ka ditaba tsena maqepheng a latelang.



Ho dula o bolokehile mashodung a bomang, o seke wa bapatsa tlhaisoleseding ya hao e latelang inthaneteng:

- Lebitso la hao la nnete.
- Nomoro tsa hao tsa fonofono.
- Aterese ya hao.
- Ditaba tsa ba lelapa la hao.
- Moo o kenang sekolo teng.

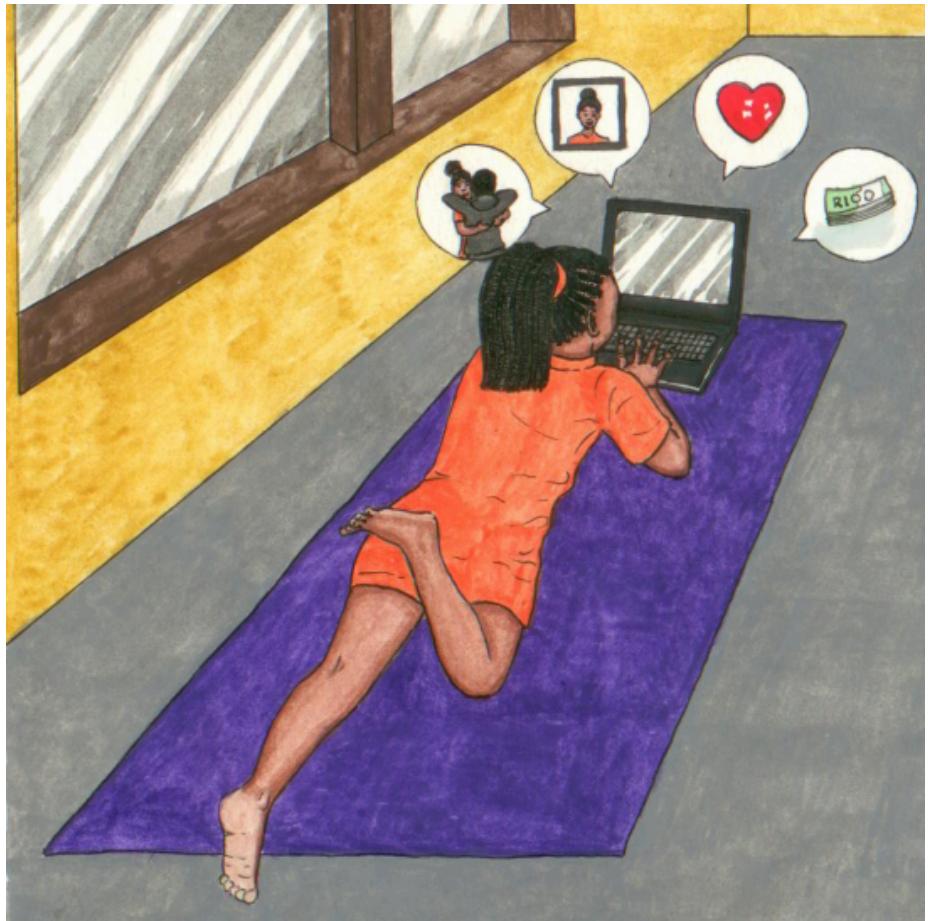
Tlhaisoleseding ena e etsa hore ho be bonolo hore mashodu ana a iketse wena inthaneteng.



Mohlorisi inthaneteng ke motho ya:

- Abang le ho ngola ditaba tse fosahetseng ka wena.
- nyedisang.
- marangrang, dikamoreng tsa moqoqo, dikamoreng tsa dipapadi le diimeiling.

Borella motho yeo o motshepang ha o ngongoreha ka mohlorisi bophelong ba hao kapa inthaneteng.



Bahlorisi inthaneteng hangata ke batho ba baholo. Ba ka leka ho:

- Fumana tlhai sole seding ka wena.
- Bopa setswalle le wena.
- Ba mosa, ho loka le ho o kgathalla.
- Kopa senepe sa hao.
- Ho o susumelletsa ho etsa dintho tse sa lokang.

O ele hloko batho bao o kopanang le bona inthaneteng.



Hare fumane batho ba kgohlahetseng inthaneteng
feela. Hape ho na le tlhaisoleseding e leshano le e
kotsi.

O seke wa kgolwa hore tsohle tseo o di balang
inthaneteng ke nnete.

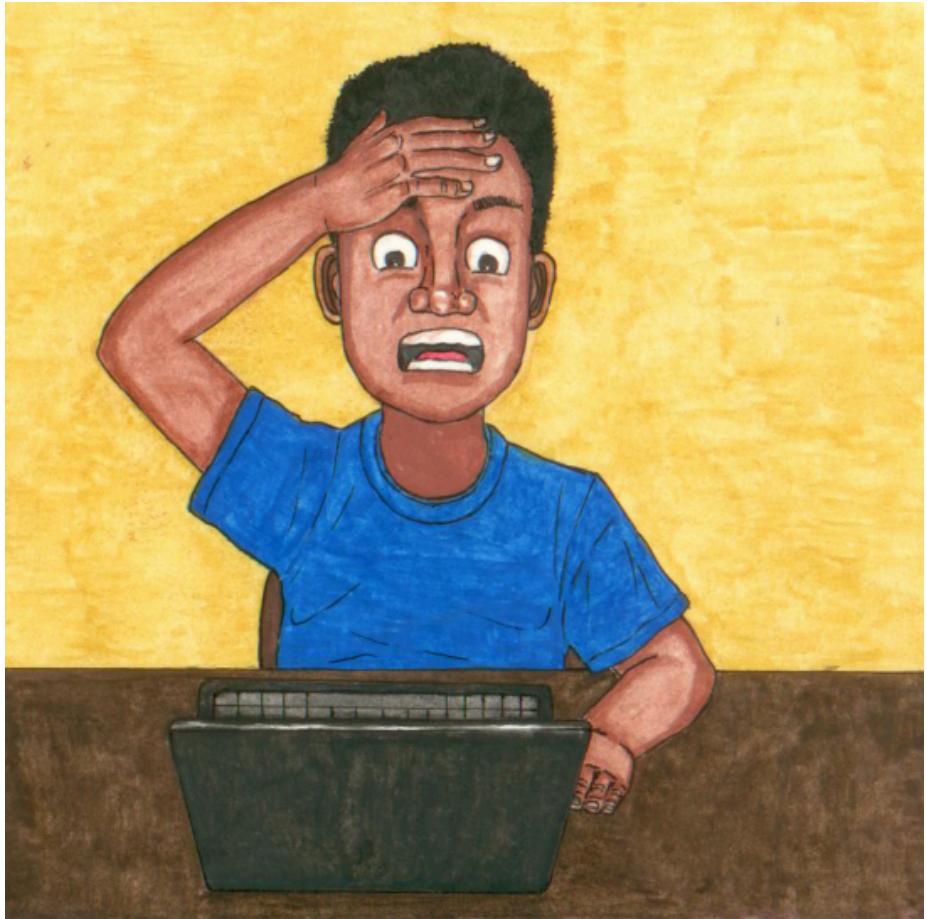
Kopa motswadi kapa titjhere ho tiisa hore
tlhaisoleseding e inthaneteng ke ya nnete kapa tjhee.



Ha o sebetsa inthaneteng:

- E ba le boikarabelo.
- E ba le hlompho.
- E ba seedi.

Ha o etsa tsena tsohle o tla bolokeha inthaneteng.



Ha o posa tlhaisoleseding le ditshwantsho
inthaneteng, o nka boikarabelo bohole ba seo o se
posang.

Nahana ka hlooko pele o posa eng kapa eng
intaneteng.

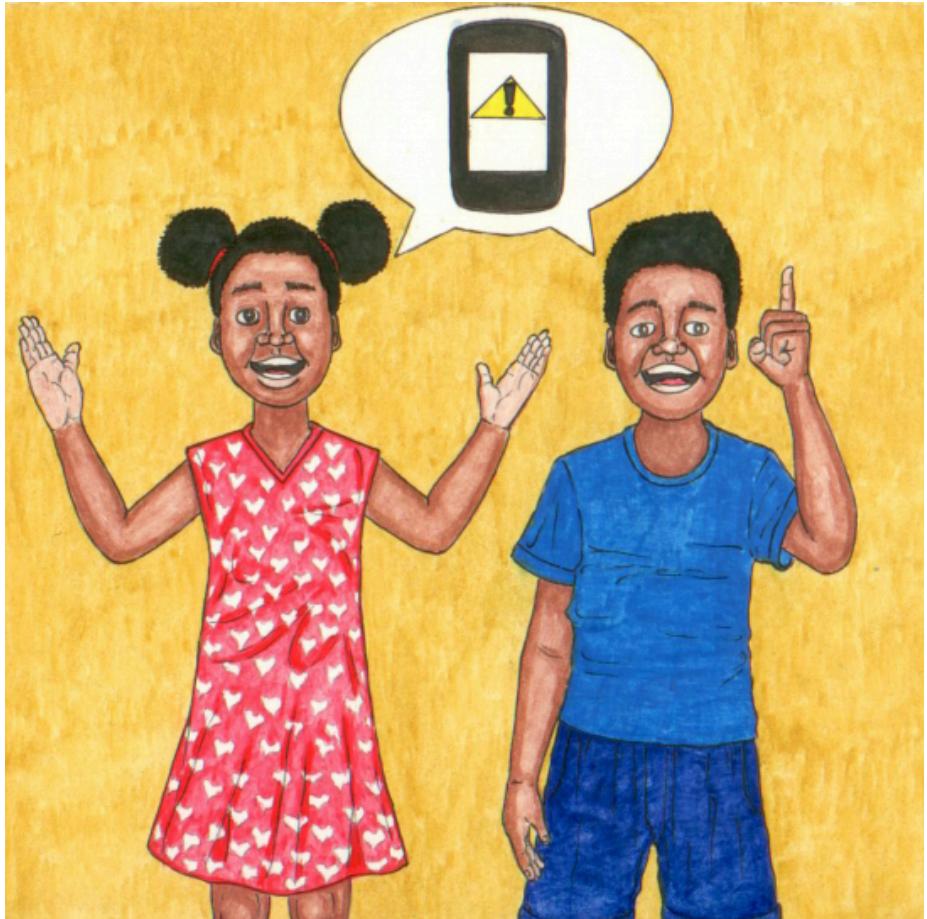
Tlhaisoleseding le ditshwantsho tseo o di posang, di ka
sebediswa kgahlano le wena kapa ba lelapa la hao.

Inthanete ha e lebale seo o se positseng, le ha o kaba
wa se phumula.



Itlhomphe, o hlomphe le basebedisi ba bang ba
inthanete ka seo o se buang, seo o se posang le seo o
se etsang.

O seke wa swabela ho bolella batswadi ba hao ka se
etsahalang inthaneteng, kapa motho yeo o kopanang
le yena inthaneteng.



O dule o le seedi ka nako tsohle ha o le inthaneteng.
Hase batho bohole ba iketsang metswalle ya hao, bao e
le bona.

Sebedisa tlhaisoleseding e bukeng ena ho o tataisa ho
dula o bolokehile inthaneteng.

—Dipotso

1. Bolela dintho tse pedi tseo o ka di etsang inthaneteng.
2. Bolela mefuta e meraro ya batho baetsang dintho tse fosahetseng inthaneteng.
3. Hobaneng ho le bohlokwa ho kopa thuso mothong e moholo ha o sebetsa inthaneteng?
4. Bolela dintho tse pedi tseo o sa tshwanelang ho di aba inthaneteng.
5. O lokela ho etsa eng ha o sa bolokeha inthaneteng?

Buka ena ke e nngwe letotong la tse nne tse
lelekelang dihlooho theknolojing ya komporo.

Buka e qapetswe projeke ya 2021 ya Zenex
Ulwazi Lwethu ya dibuka tse balwang.



Ulwazi Lwethu is a Zenex Foundation funded and initiated project to develop a series of graded and leisure African language readers and teacher support materials. This project is targeted at teaching and supporting learners in the Foundation Phase to improve their home language reading and understanding. The readers have been originated in nine African languages in collaboration with Molteno Institute for Language and Literacies, Nelson Mandela Institute for Education and Rural Development, Room to Read South Africa, and Saide. All resources are developed as Open Education Resources (OER).



Your attribution should include the following:

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Language: Sesotho (South Africa)



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