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Kgankhutshwe e, e ka ga Kgothatso Montjane.

O belegwe ka ngwaga wa 1986 kwa Polokwane,
kwa torotswaneng eo e bidiwang Seshego.

Mosetsana yo o belegwe ana le bolwetse, gape mo
bonnyaneng o ne a aga a idibala.

Go goleng ga gagwe ya nna motshameki wa
maemogodimo, naletsana ya thenese.



Fa Kgothatso a le monnye, dingaka di ne tsa mo dira karo, mme a kgaolwa leoto la gagwe la molema. O ne a dirisa leoto la polasetiki.

Bana ba bangwe ba ne ba sa rate go tshameka le ena, ka ntlha ya bogole jwa gagwe.

Fela mmaagwe, o ne a mo tsaya jaaka ngwana yo o itekanetseng. O ne a mo neela ditirwana tse di jaaka go tlhatswa dijana.



Mmaagwe Kgothatso o ne a mo isa kwa sekolong se se
bidiwang *Helen Franz Special School*. Se ke sekolo sa bana
ba ba nang le bogole.

Ke kwa sekolong se, a itshupileng gore ke naletsana ya
metshameko.

Mo sekolong, o ne a tsenela metshameko ya metantsho ya
Ballroom le ya *Latin America*.



Mongwe wa barutabana ba ga Kgothatso, o ne a mo tlhophha go emela sekolo sa bona kwa kampeng ya thenese, kwa Gauteng.

Kgothatso o ne a ise a tshameke thenese!

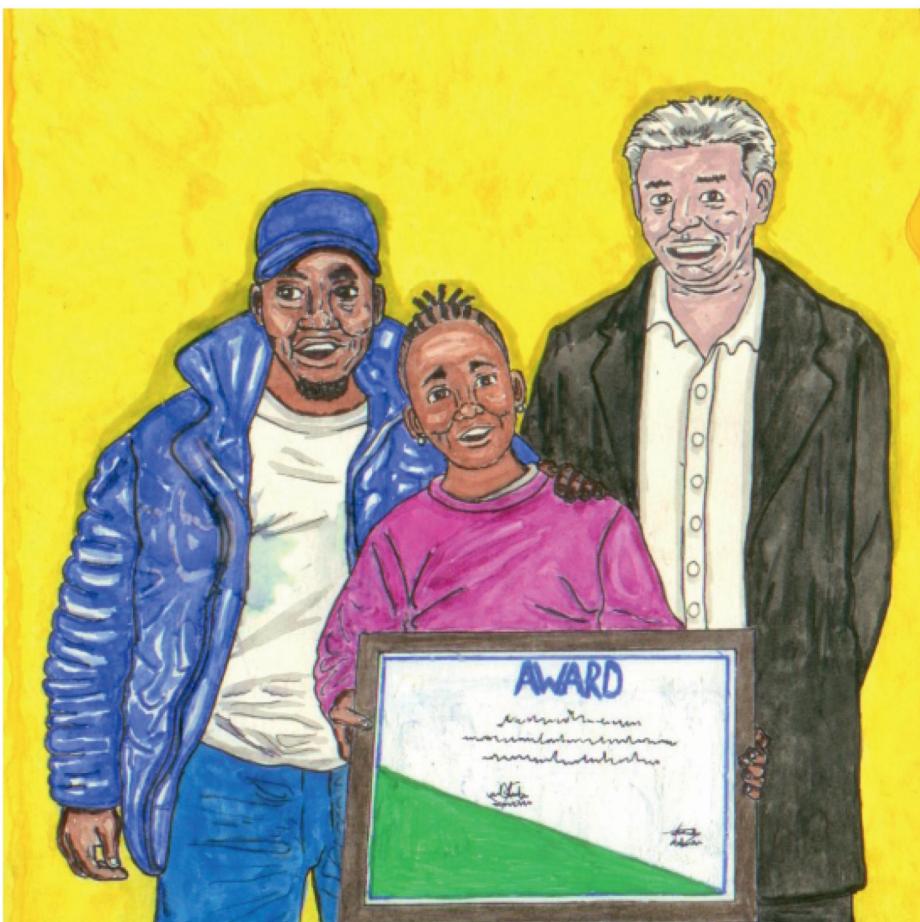
Kgothatso a re, "Ke ne ka tshwanelo go tshameka thenese, gonne ke rutilwe go tlotla batho ba bagolo."



Kgothatso o tshamekile ka matsetseleko kwa kampeng ya thenese. Se e nnile tshimologo ya loeto lwa gagwe, go nna motshameki wa maemogodimo wa thenese ya setuloteti mo lefatsheng ka bophara.

O amogetse kabo ya setuloteti le ditshamekisi dingwe tsa thenese.

O tla nna yo mongwe wa Ma Aforika borwa a a kwa godimo, a basadi ba bogole mo metshamekong.



Kgothatso o simolotse go tsenela dikgaisano tsa thenese ya setuloteti go ralala lefatshe.

O fentse dikgaisano tsa kwa Belgium le Switzerland.
Thonamente ya thenese ya kwa Swiss e nnile kgaisano eo a e ratileng go gaisa.

Mo Aforika Borwa, o tlrtlomaditswe gararo jaaka
moparalimpiki wa mosadi wa ngwaga mo metshamekong.



Ka ngwaga wa 2013 le 2014, one a tsaya karolo mo dithonamenteng tsa Australia, France le Amerika

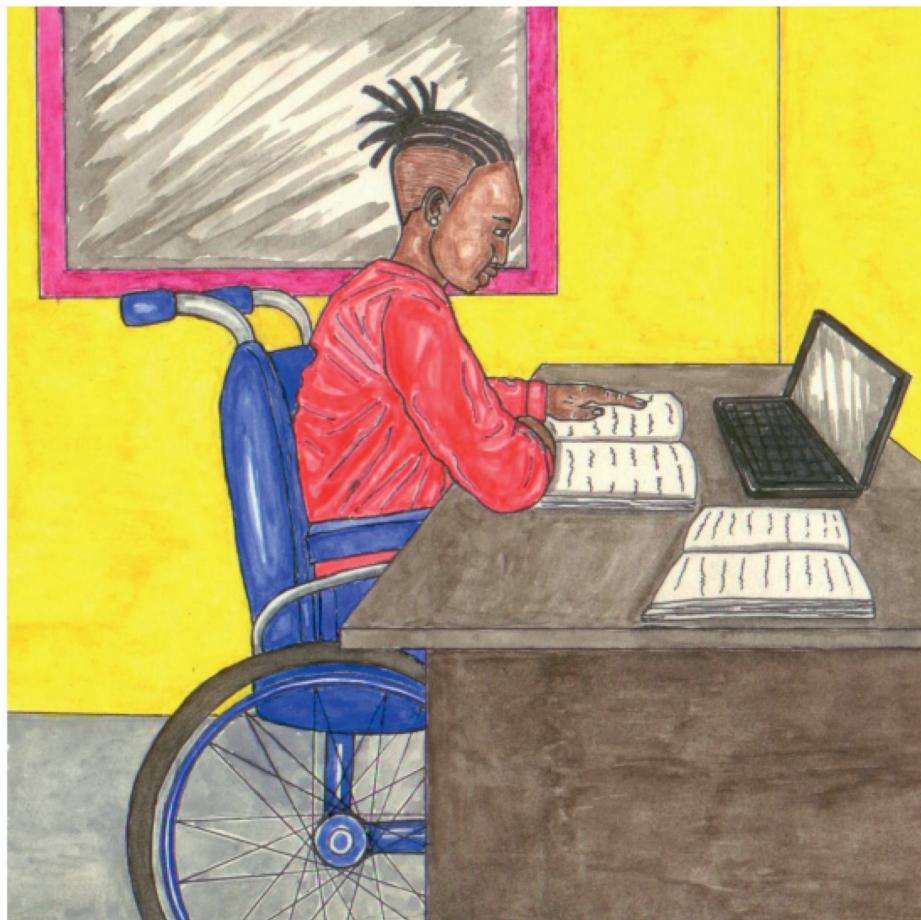
O tshamekile thenese mo disenyaleng a le nosi, fa mo didabolong a ne a na le motshameki yo mongwe.



Kgothatso gape o tsenetse kgaisano ya metshameko ya diparalimpiki, eo e leng metshameko ya diolimpiki ya batshameki ba bogole.

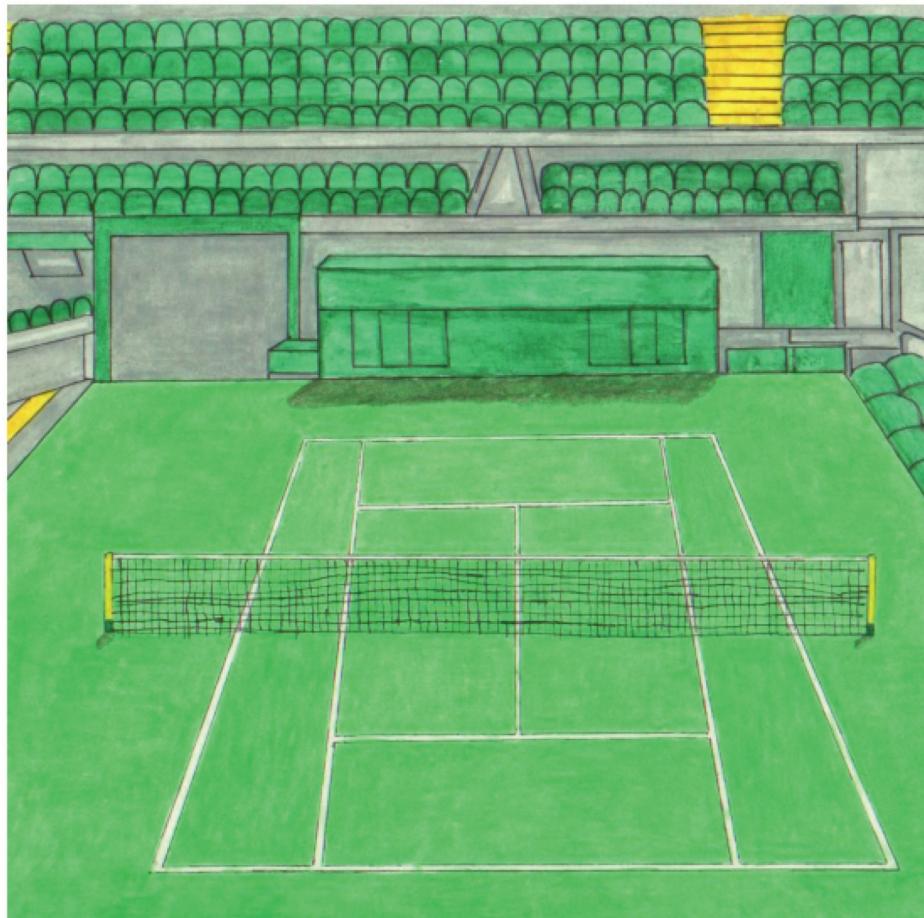
Go ikatisetsa dikgaisano tse go ne go le thata, fela
Kgothatso ga a ka a nyema moko.

O nnile leloko la komiti ya diparalimpiki tsa Aforika Borwa tsa selemo, ka ngwaga wa 2008, 2012 le 2016.



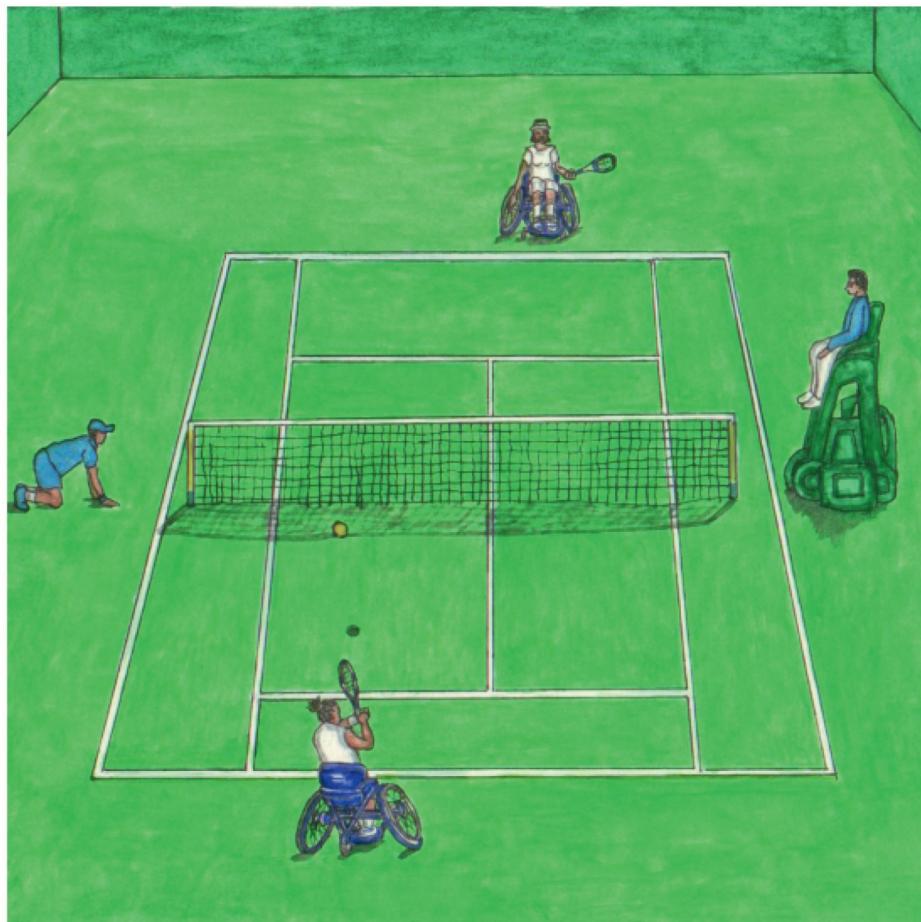
Kgothatso o dirile ka natla mo dithutong tsa gagwe. O tsene kwa Yunibesithing ya Venda koo o ithutetseng dikerii ya tsa Tlhabologo, Metshameko le Saense.

Kwa Yunibesithing, motshameko wa thenese ya setuloteti, e ne e le ona fela, o o neng o tshamekiwa ke batshameki ba ba nang le bogole.



Wimbledon e kwa Engelane. Ke ko lebaleng le le itsegeng la bogologolo la bojang jwa thenese, kwa go tshwarelwang dikgaisano tsa ngwaga le ngwaga.

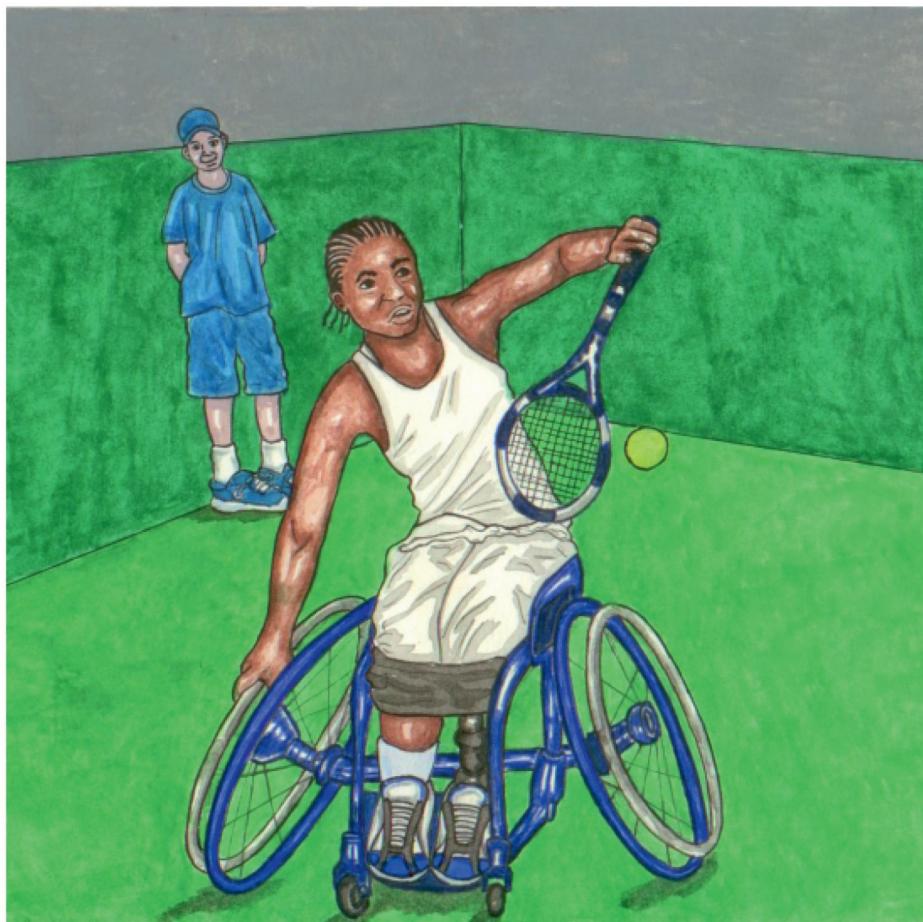
Ka ngwaga wa 2018, Kgothatso o ne a nna MoAforika Borwa wa ntlha wa mosadi go fitlhelela makgaolakgang kwa Wimbledon.



Kgothatso o ne a tshwanetse go tsaya loeto go ya kwa Engelane, go tsenela thonamente ya Wimbledon.

Fela, go ne go sena matlole go duelela sefofane le borobalo. Kgothatso o ne a tshwenyegile, gonne a akanya fa a ka se kgone go tsaya loeto, ka ntlha ya tlhokego ya matlole.

Ka lesego, o ne a fitlhela tshegetso go tswa go setlamo sa basadi sa dikgwebo!



Wimbledon e ne e le thonamemte ya *Grand Slam* ya bone, e Kgothatso o neng a e tsenela mo ngwageng wa 2018.

Grand Slam ke dikgaisano di le nne tsa maemogodimo mo dikgaisanong tsa motshameko wa thenese.

O nnile motshameki wa ntlha wa MoAforika, mo motshamekong wa thenese ya setuloteti, go fitlhelela thonamente di le nne tsa *Grand Slam* mo ngwageng o le mongwe.



Mo godimo ga diphitlhelelo tsa gagwe, Kgothatso o tswelela go thusa batshameki bao ba nang le bogole.

O bontsha batho gore o ka nna sengwe le sengwe mo botshelong, o ntse o na le bogole.



—Dipotso

1. Kgothatso Montjane ke mang? Tlhalosa.
2. Kgothatso o simolotse jang go tshameka thenese?
3. Neela leina la sekolo, koo Kgothatso a ithutileng motantsho wa *Ballroom* le wa Latin Amerika?
4. Kgothatso o ne a tsenela kgaisano di le nne tsa *Grand Slam* mo ngwageng o feng? Ke goreng se se le botlhokwa?



Kgangkhutshwe e e kwadilwe ka Setswana, jaaka
karolo ya porojeke ya Zenex Ulwazi Lwethu ya 2021.

