



Vincent ubika tindzaba temsakato lokutsiwa yi-RX Radio Station. Usetindlini tekusakata te-RX Radio kute arekhode luhlelo Iwakhe.

Lamuhla, luhlelo Iwa Vincent lukhuluma ngebantfwana labaphila netinkinga temphilo letibucayi.

Ucocisana nabo kute atfole lokwentekile kubo kulesikhatsi selubhubhane IweCovid-19.



"Sanibonani emakhaya, lona ngu Vincent etindlini tekusakata te-RX Radio. Lamuhla, sivakashelwe ngu Mulalo, Ashley, kanye na Lina," kusho Vincent.

Tivakashi tiyatetfula.

Vincent uyachubeka, "Lubhubhane lwe Covid-19 lube matima kakhudlwana kubantu labaphila nekukhubateka. Ngisacela nitjele tilalele tetfu ngaloko."



Mulalo uyacala, "Mine nginesifo lesingumahlalakhona lokutsiwa *spinal muscular atrophy*. Sihlasela imisiphya yami – imilente yami, imikhono, kanye nekuphefumula.

Kube ngike ngangenwa ngulesifo se*Corona virus*, sahlangana nalesifo sami, bekutangibulala! Emaphaphu ami akasebenti kahle futsi njengobe lesifo sihlasela wona bekutawuphela ngami!"



Lina utsi, "Nami bengetfuke kakhulu. Nginesifo sesifuba lokutsiwa yi-*asthma*, lesihlasela emaphaphu ami.

Bengitsi nangikhwehlela nobe ngiphefumula kamatima, bengivele ngingati kutsi ngule asthma yini nobe yi*Corona virus*. Kube ike yangingena beyitawuba yimbi kakhulu esifubeni sami."



Ashley uyengeta, "Mine nginesifo lokutsiwa yi-bipolar.
Sihlasela ingcondvo yami futsi kudzingeka ngnatse
emaphilisi ngenca yaso.

Ngaletinye tikhatsi ngitiva ngiphatseke kabi ngalokwecile,
nobe ngitive ngitfukutsele ngalokwecile. Ngaletinye tikhatsi
imiva yami igucugucuka masinyane. Kuba lukhuni kulawula
indlela lengitiva ngayo."



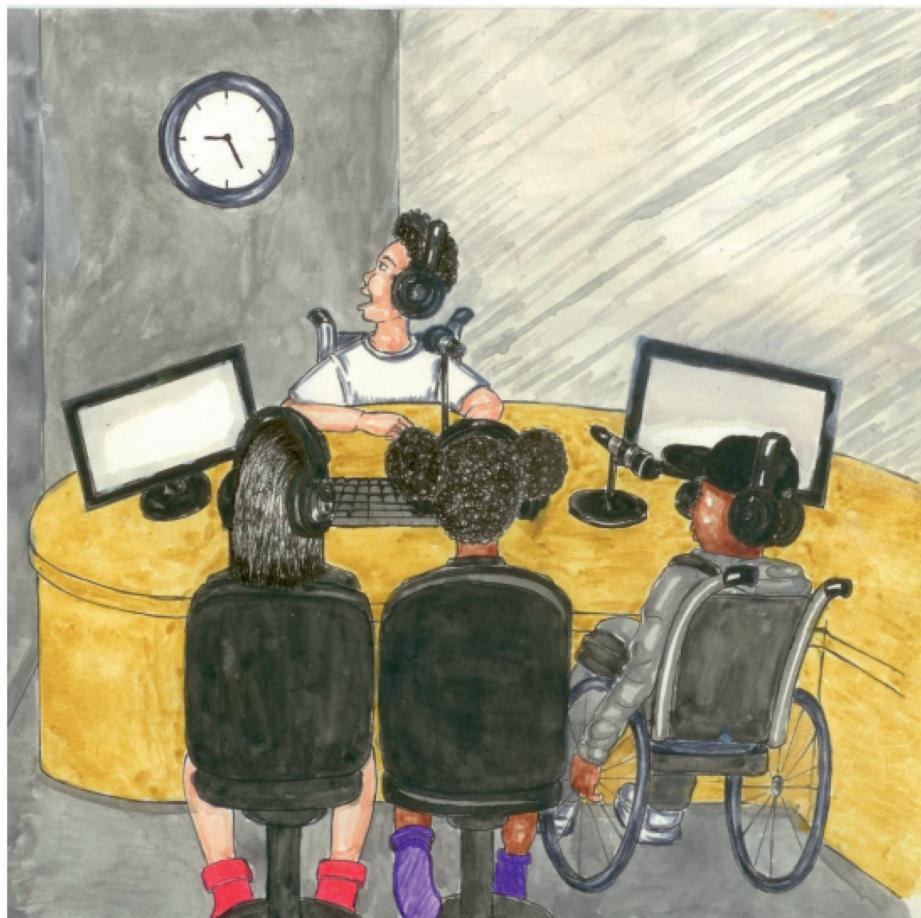
"Siyabonga ngekuhlanganyela natsi loko lokwenteka ekuphileni kwenu. Kukhona yini lokuhle lokwenteke kini ngesikhatsi selubhubhane?" kubuta Vincent.

"Ngikhonile kucitsa sikhatsi nemndeni wami. Besidlala umdlalo webhodi ndzawonye, bengikujabulela kakhulu loko," kusho Lina.



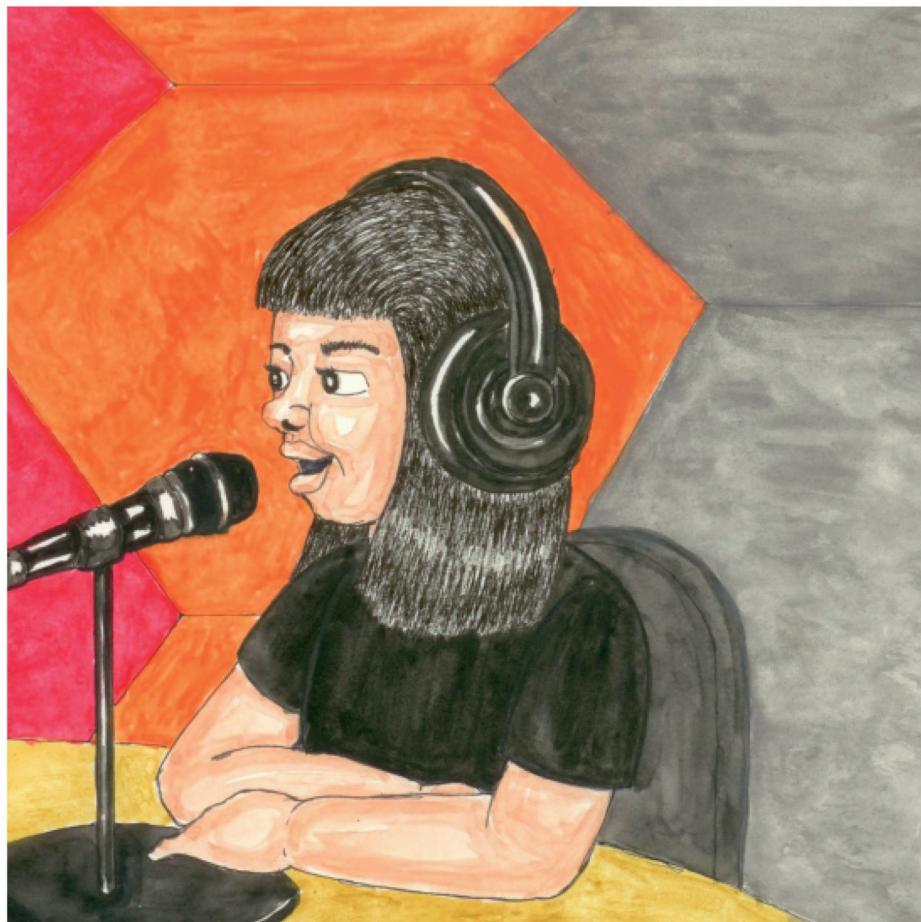
"Nami ngibe nesikhatsi lesimnandzi nemndeni wami.
Lokuhle kutsi bengikhona kutelapha ngisekhaya,"
kuphendvula Mulalo.

"Mine ngincume kusisebentisa kahle lesikhatsi nalelitfuba.
Ngibe nemndeni wami. Ngiphindze ngasondzelana
naNkulunkulu ngithantaza," kusho Ashley.



Vincent ubuka liwashi elubondzeni. Bese utsi, "Mane nje sikhatsi setfu sesiyaphela!"

"Kulabanye bantfwana nabo lokutfolakale kutsi bayagula engcondvweni nobe emtimbeni, ngumaphi emavi lasikhutsato leningabashiya nawo?" kubuta Vincent.



Ashley uphendvula kucala, "Bayabandlululwa bantfu labagula ngengcondvo.

Utsatfwa njengemuntfu lohlanyako nobe lotsandza kunakwa, futsi mine ngifuna lentfo leyo ishintje. Akusilo licalala kutsi awutiva kahle."



Lina uyavuma bese utsi, "Seluleko sami lesiya kulabanye kutsi tinakekele. Yehlisa umoya. Ngobe loko lokwentako nyalo ngiko lokuseemandleni akho."

Mulalo uyengeta, "Futsi ungapheli emandla! Tinkinga tikhona kepha usengawafeza emaphupho akho."



—Imibuto

1. Bhala inchazelo yalamagama: sifo, mahlalakhona, kubandlululwa.
2. Tfola emagama kulendzaba lasho: kakhulu, sikhutsato, litfuba.
3. Kusho kutsini 'kutfolakala kutsi ugula engcondweni nobe emtimbeni'?
4. Ikhona yini intfo lenhle leyenteke kuwe ngesikhatsi selubhubhane?



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Lencwadzi yetindzaba isekelwe embikweni wesiteshi semsakato lokutsiwa yi-RX. I-RX Radio siteshi semsakato sebantfwana lesiku-intanethi, lesisungulwe saphindze sakhelwa bantfwana.

I-RX Radio isakatela e-Red Cross War Memorial Children's Hospital eKapa.

I-RX Radio isita bantfwana bacoce ngetintfo letibalulekile kubo.

Vakashela i-RX Radio