



Diresepe tsa Lonwabo

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Diresepe tsa Lonwabo

(Lonwabo's Recipes)

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with the help of the Book Dash participants in Grahamstown on 12 November 2016.

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Diresepe tsa Lonwabo

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Lonwabo e ne e le moshanyana
ya dilemo di leshome.





O ne a dula le mmae
le nkgono wa hae.





Nkgono wa Lonwabo
o ne a na le tshimo ya
meroho e ntle haholo.





Lonwabo o ne a thabela ho thusa
nkgono wa hae ho ntsha lehola
serapeng le ho nosetsa meroho.





○ ne a kga metsi nokeng. E ne e se
moshanyana ya botswa. ○ ne a tla
theo ha leralleng a boele a nyolohe hape.





O ne a feta metswalle ya hae e bapalang bolo
ebe ba mo tsheha haholo ba re ho yena,
“Lonwabo hobaneng o etsa jwalo? Ke mosebetsi
wa banana ono, rona re ke ke ra etsa jwalo.”

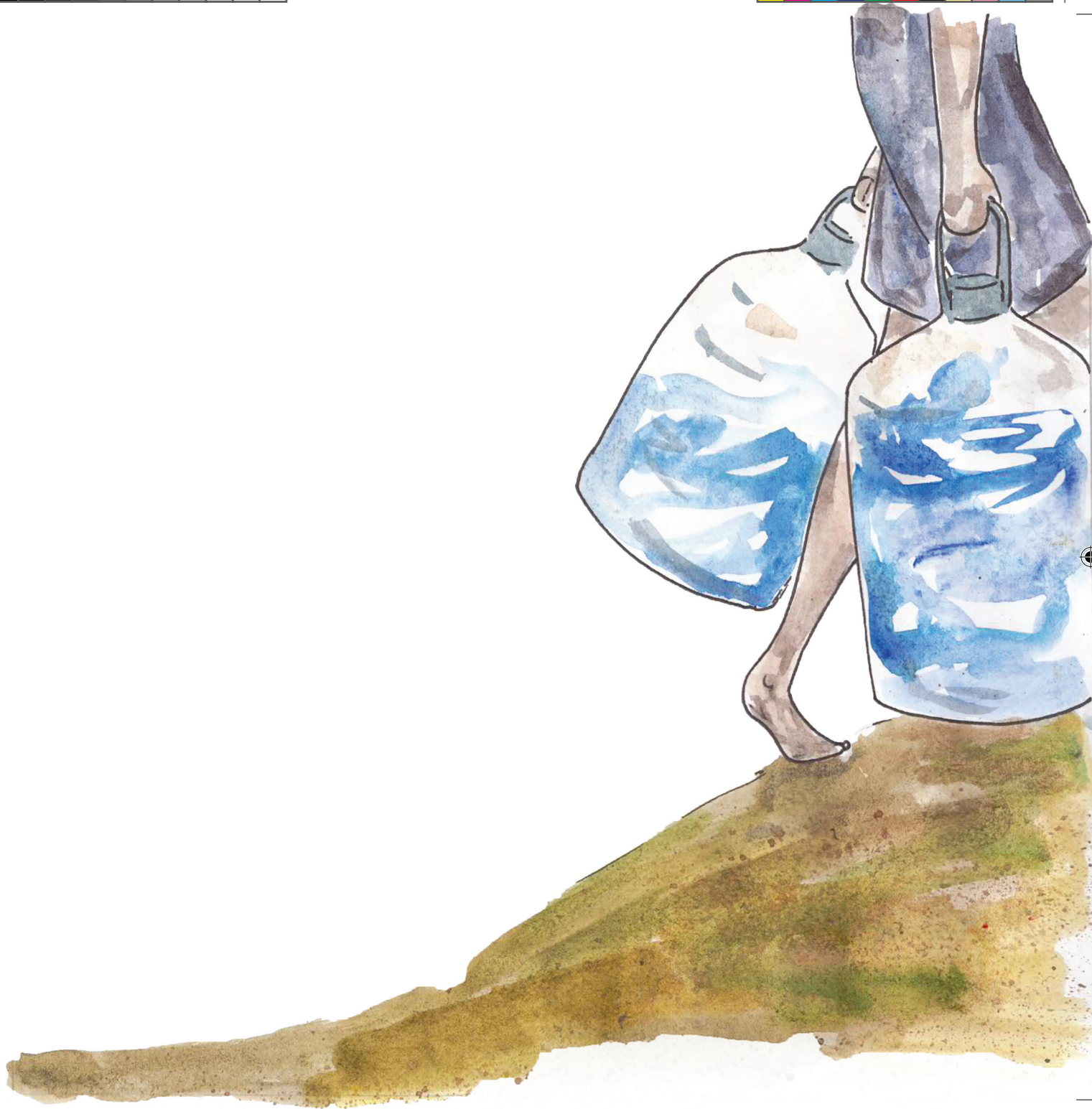




Lonwabo o ne a tsheha feela a tswele
pele ka leeto la hae.

○ ne a ye a nahane ka dinako tsohle
tse monate tseo a bileng le tsona
le nkgono wa hae serapeng.







Mehopolo ena e ne e etsa
hore a lebale ka leeto le le
telele le ho lebala ka maikutlo
a metswalle ya hae.

O ne a rata ho noha hore
na ke dihwete tse kae tse
sehlopheng pele nkgono wa
hae a di ntsha fatshe.





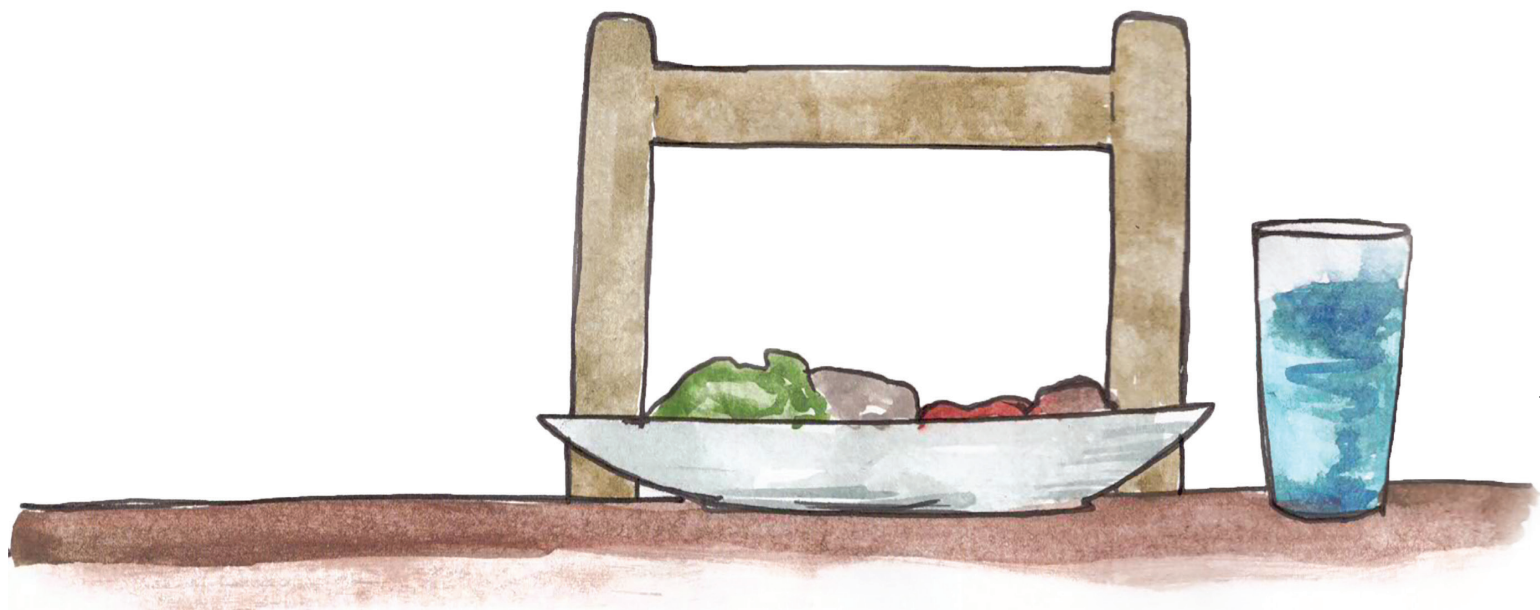






Nkgono o ne a dula a mo lokisetsa
dijo tsa motsheare, ha a ntse a le sekolong
mme mmae a le mosebetsing.

Letsatsi le leng le le leng o ne a fihla
lapeng a fumana dijo tsa hae di se di lokisitswe,
mme di siilwe tafoleng.



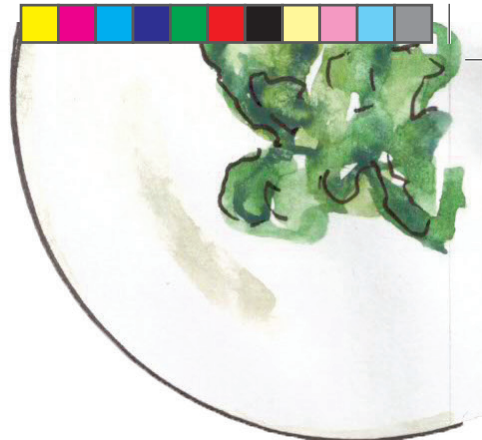


Hang ha a qeta ho hlobola junifomo ya
hae ya sekolo, o ne a dula tafoleng, a etse
thapelo e nyenyane mme a qale ho ja.





Nkgono wa hae o ne a ba lokisetsa mefuta yohle
ya dijo bakeng sa dijo tsa bona tsa motsheare.



Lonwabo o ne a rata dijo tse monate
tša nkgono wa hae.

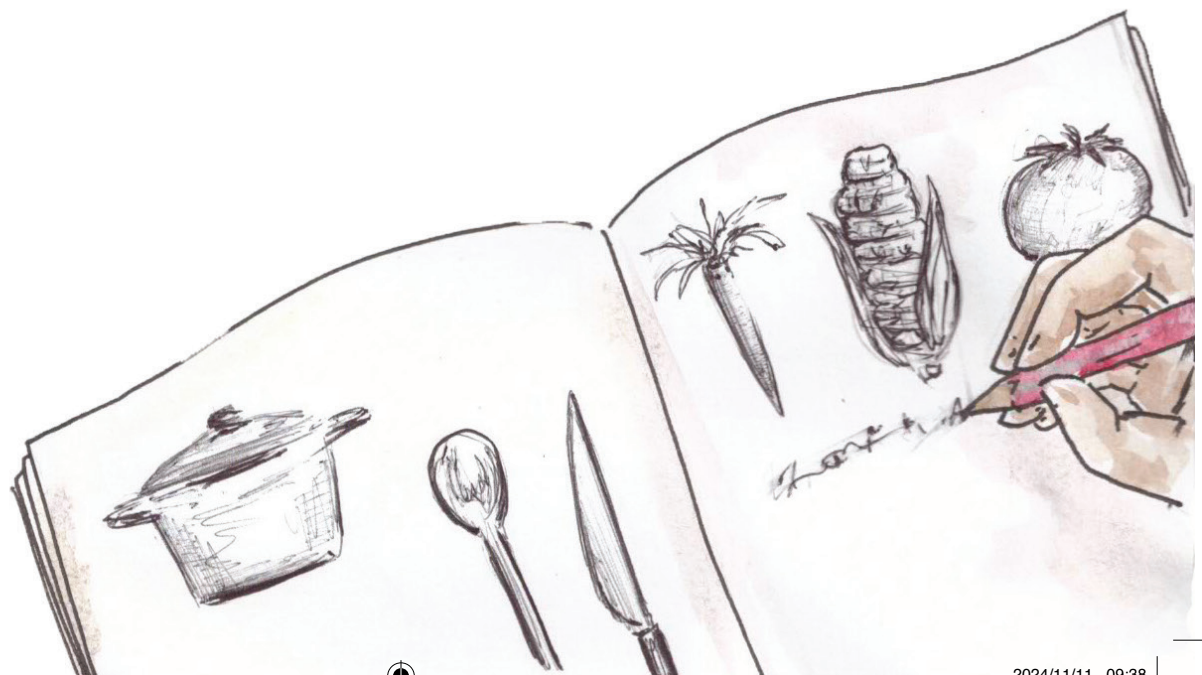






Ha a qeta ho ja, o ne a hlatswa sejana
sa hae, a nke buka le pensele a ilo dula
pela nkgono wa hae.

O ne a mmotsa ka metswako ya dijo
tseo a sa tswa di ja ebe o ngola ka
hloko dintlha tsohle tse nyenyane.



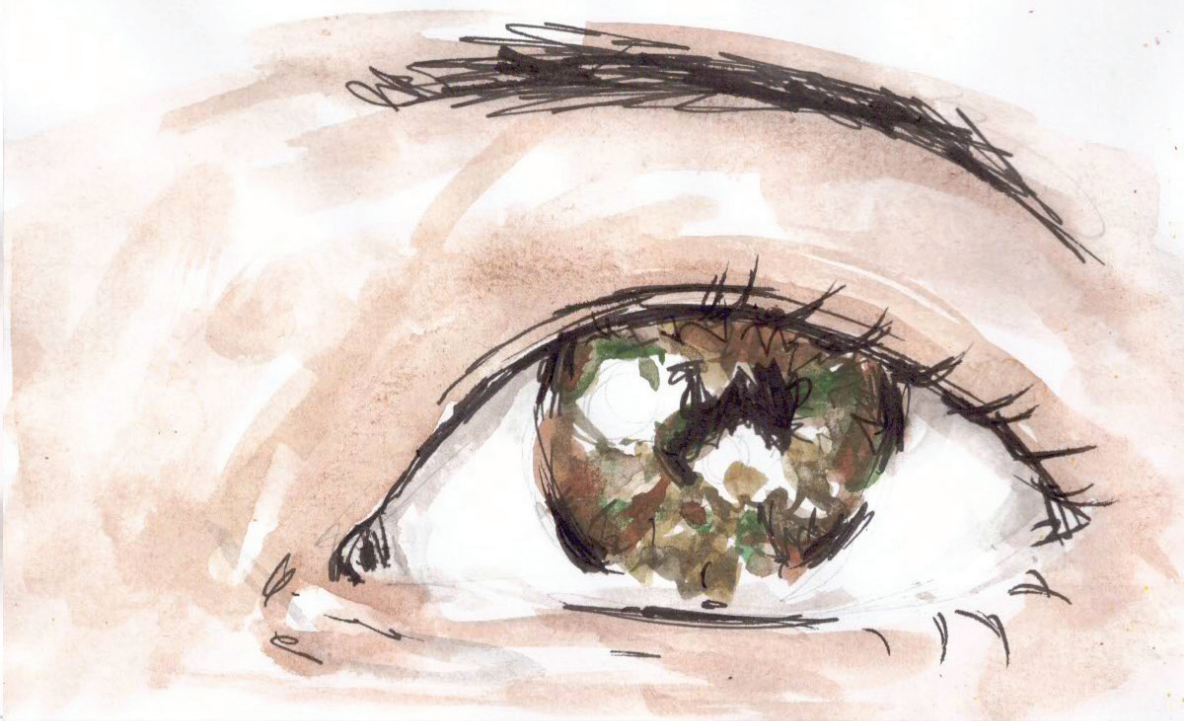


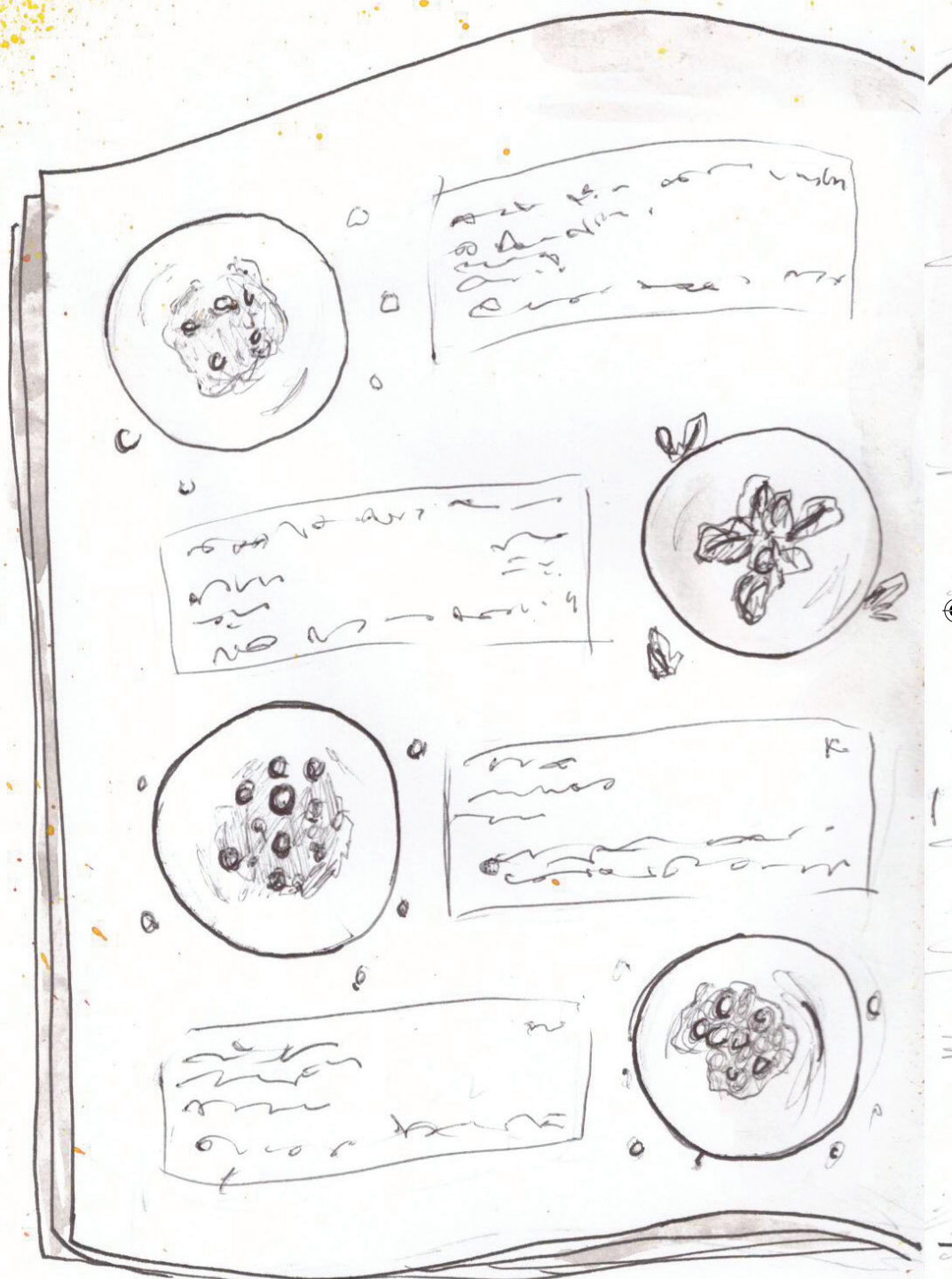
O ne a ipolella hore ha a se a hodile,
o tla bula restjhurente ya hae.





O tla rehellla restjhurente ka nkgono
wa hae mme a mo phehele dijo tsohle tseo
nkgono wa hae a mo etsetsang tsona.







EBHONGWENI







