



# Kuphila nekukhubateka

African Storybook

Sibusiso Khumalo





Vincent ubika tindzaba temsakato lokutsiwa yi-RX Radio Station. Usetindlini tekusakata te-RX Radio kute arekhode luhlelo lwakhe.

Lamuhla, luhlelo lwa Vincent lukhuluma ngebantfwana labaphila netinkinga temphilo letibucayi.

Ucocisana nabo kute atfole lokwentekile kubo kulesikhatsi selubhubhane lwe Covid-19.



"Sanibonani emakhaya, lona ngu Vincent etindlini tekusakata te-RX Radio. Lamuhla, sivakashelwe ngu Mulalo, Ashley, kanye na Lina," kusho Vincent.

Tivakashi tiyatetfula.

Vincent uyachubeka, "Lubhubhane lwe Covid-19 lube matima kakhudlwana kubantu labaphila nekukhubateka. Ngisacela nitjele balaleli betfu ngaloko."



Mulalo uyacala, "Mine nginesifo lesingumahlalakhona lokutsiwa *spinal muscular atrophy*. Sihlasela imisipha yami – imilente yami, imikhono, kanye nekuphefumula.

Kube ngike ngangenwa ngulesifo se *Corona virus*, sahlangana nalesifo sami, bekutangibulala!  
Emaphaphu ami akasebenti kahle futsi njengobe lesifo sihlasela wona bekutawuphela ngami!"



Lina utsi, "Nami bengitfuke kakhulu. Nginesifo sesifuba lokutsiwa yi-*asthma*, lesihlasela emaphaphu ami.

Bengitsi nangikhwehlela nobe ngiphefumula kamatima, bengivele ngingati kutsi ngule asthma yini nobe yi*Corona virus*. Kube ike yangingenya beyitawuba yimbi kakhulu esifubeni sami."



Ashley uyeneta, "Mine nginesifo lokutsiwa yi-*bipolar*. Sihlasela ingcondvo yami futsi kudzingeka nginatse emaphilisi ngenca yaso.

Ngaletinye tikhatsi ngitiva ngiphatseke kabi ngalokwecile, nobe ngitive ngitfukutsele ngalokwecile. Ngaletinye tikhatsi imiva yami igucugucuka masinyane. Kuba lukhuni kulawula indlela lengitiva ngayo."



"Siyabonga ngekusicocela ngaloko lokwenteka etimphilweni tenu. Kukhona yini lokuhle lokwenteke kini ngesikhatsi selubhubhane?" kubuta Vincent.

"Ngikhonile kucitsa sikhatsi nemndeni wami. Besidlala umdlalo webhodi ndzawonye, bengikujabulela kakhulu loko," kusho Lina.



"Nami ngibe nesikhatsi lesimnandzi nemndeni wami. Lokuhle kutsi bengikhona kutelapha ngisekhaya," kuphendvula Mulalo.

"Mine ngincume kusisebentisa kahle lesikhatsi nalelitfuba. Ngibe nemndeni wami. Ngiphindze ngasondzelana naNkulunkulu ngithandaza," kusho Ashley.



Vincent ubuka liwashi elubondzeni. Bese utsi, "Mane nje sikhatsi setfu sesiyaphela!"

"Kulabanye bantfwana nabo lokutfolakala kutsi bayagula engcondvweni nobe emtimbeni, ngumaphi emavi lasikhutsato leningabashiya nawo?" kubuta Vincent.



Ashley uphendvula kucala, "Bayabandlululwa bantfu labagula ngengcondvo.

Utsatfwa njengemuntfu lohlanyako nobe lotsandza kunakwa, futsi mine ngifuna lentfo leyo intjintje. Akusilo licala kutsi awutiva kahle."



Lina uyavuma bese utsi, "Seluleko sami lesiya kulabanye kutsi tinakekele. Yehlisa umoya. Ngobe loko lokwentako nyalo ngiko lokusemandleni akho."

Mulalo uyengeta, "Futsi ungapheli emandla! Tinkinga tikhona kepha usengawafeza emaphupho akho."

## —Imibuto

1. Bhala inchazelo yalamagama: sifo, mahlalakhona, kubandlululwa.
2. Tfola emagama kulenzaba lasho: kakhulu, sikhutsato, litfuba.
3. Kusho kutsini ‘kutfolakala kutsi ugula engcondvweni nobe emtimbeni’?
4. Ungamsekela njani umuntfu lophilā nekukhubateka?.
5. Ucabanga kutsi ngutiphi tinkinga imindenī lehlangabetana nato nangabe inelilunga lemndeni lelikhubatekile?
6. Ngumiphi imiva lotfola kumatima kuyincoba? Kungani?
7. Mulalo utsi, “Ngenhlanhla, bengikhona kutelapha ekhaya.” Kuhlale kuphephile yini kutelapha? Chaza.

---

Lencwadzi yetindzaba isekelwe embikweni wesiteshi semsakato lokutsiwa yi-RX. I-RX Radio siteshi semsakato sebantfwana lesiku-intanethi, lesisungulwe saphindze sakhelwa bantfwana.

I-RX Radio isakatela e-Red Cross War Memorial Children's Hospital eKapa.

I-RX Radio isita bantfwana bacoce ngetintfo letibalulekile kubo.

[Vakashela i-RX Radio](#)



Ulwazi Lwethu is a Zenex Foundation funded and initiated project to develop a series of graded and leisure African language readers and teacher support materials. This project is targeted at teaching and supporting learners in the Foundation Phase to improve their home language reading and understanding. The readers have been originated in nine African languages in collaboration with Molteno Institute for Language and Literacies, Nelson Mandela Institute for Education and Rural Development, Room to Read South Africa, and Saide. All resources are developed as Open Education Resources (OER).



NELSON MANDELA  
Institute for  
EDUCATION AND  
RURAL DEVELOPMENT



basic education  
Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

*The Ulwazi Lwethu readers and storybooks have  
been quality assured and approved by DBE.*

Your attribution should include the following:

**Title:** Kuphila nekukhubateka

**Author/s:** African Storybook

**Translator/s:** Simangele Khoza

**Illustrator/s:** Sibusiso Khumalo

**Assurer/s:** Mduduzi Benjie Shongwe

**Language:** Siswati



© Zenex Foundation - Saide 2025 (Updated Edition)

CC BY includes the following elements:

BY

