



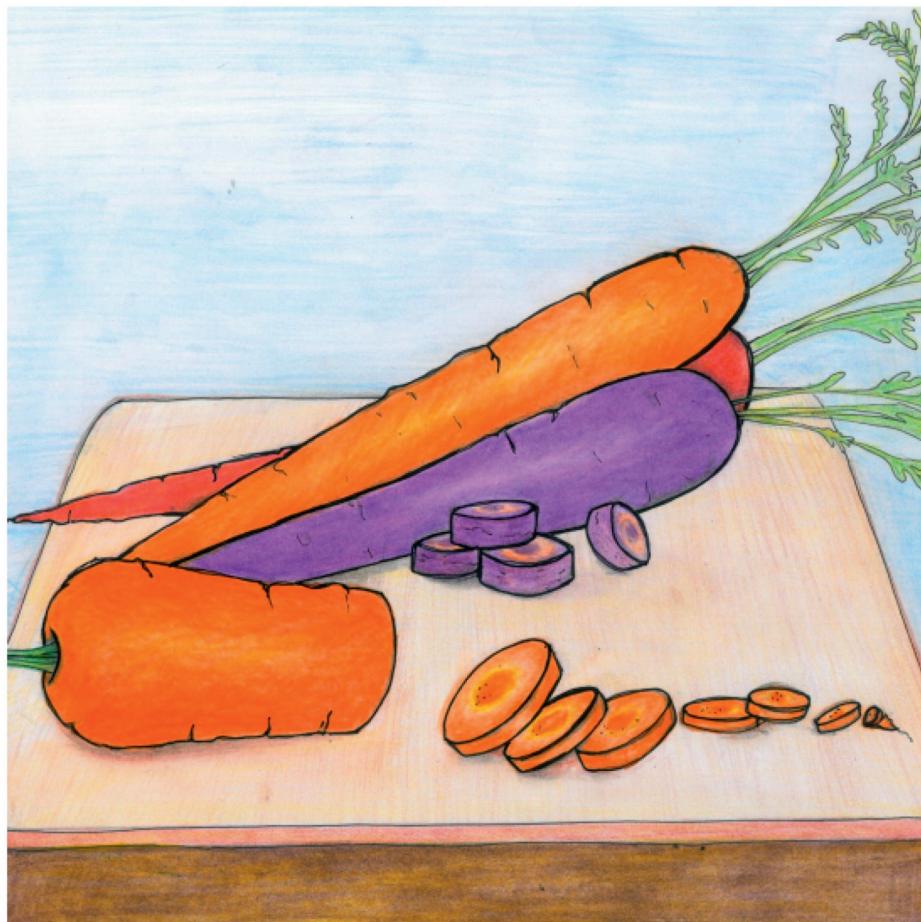
Sipinishi sibhidvo semacembe. Simila ngetulu kwemhlabatsi.
Ungasidla siphekiwe nobe siluhlata.
Sipinishi silungele wonkhe umuntfu.
Tibhidvo tisilungele!



Liklabishi ngulesinye setibhidvo semacembe. Nalo limila
ngetulu kwemhlabia.

Lilungele kudliwa njengesaladi nobe liphekiwe.

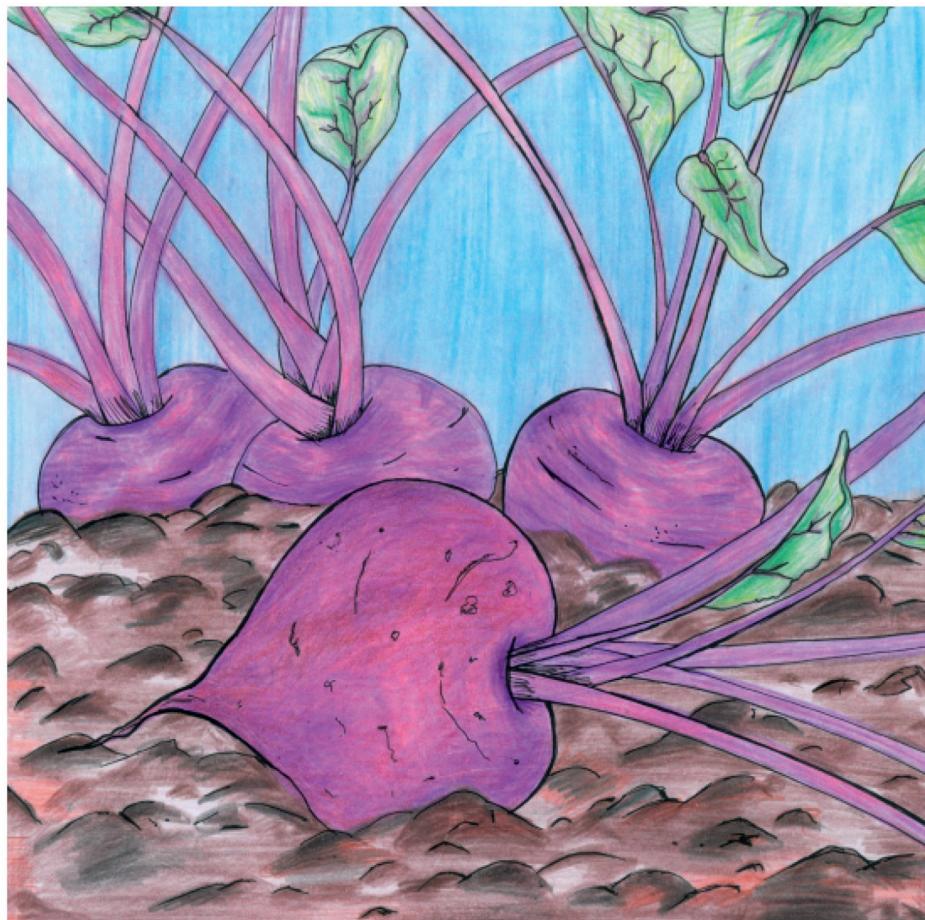
Bantfu labanjingile nalabaphuyile bayalidla kute babe
nemitimba lephile kahle.



Ticadze tibhidvo temndeni wetimphandze. Timila ngaphasi kwemhlabo.

Ticadze tinembala losawolintji. Tiletsa umbala lomuhle ekudleni kwetfu.

Ticadze tigcina emehlo etfu aphile kahle.



Lesinye setibhidvo tetimphandze i-beetroot. I-beetroot
inembala lomuhle losabubendze.

Ingaphekwa, nobe uyidle iluhlata.

I-beetroot igcina tinhlitiyo tetfu tiphile kahle.



Litsanga limila ngetulu kwemhlaba.

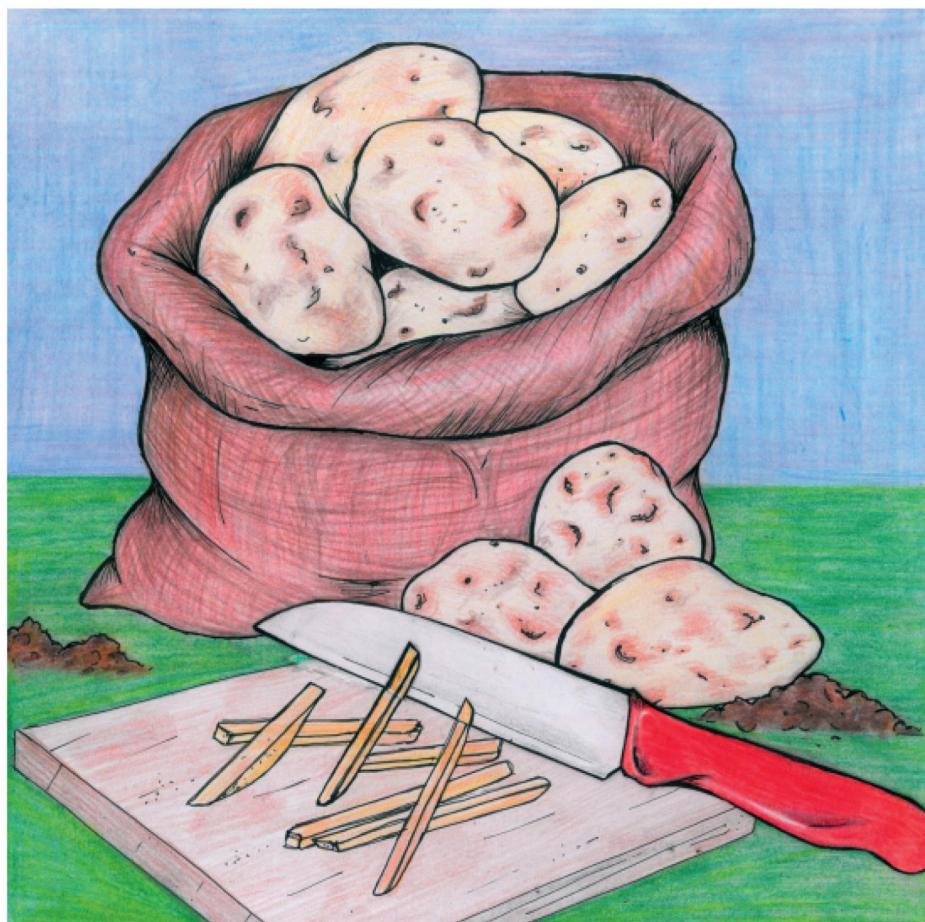
Litsanga sitsandza kulipheka. Linembala loliphuti, loluhlata njengetjani nobe losaliwolintji, kantsi linetinhlavu letinyenti.

Litsanga ligcina imitimba yetfu iphile kahle.



Litamatsi limila sasitselo. Liba luhlata nalingakavutfwa, libe
bovu nalivutsiwe. Limise kwendilinga nobe licandza.
Lilungele emasaladi nekunonga kudla lokuphekiwe.

Ematamatsi anetintfo letinyenti letilusito emphilweni.
Litamatsi libuye lisetjentiselwe kwenta imitsi yekwelapha.



Lizambane ngulesinye sibhidvo lesisamphandze.

Emazambane lamanyenti asalicandza lelinesikhumba
lesinsundvu, kantsi amhlophe ngekhatsi.

Emazambane kufanele aphekwe kucala ngaphambi
kwekutsi uwadle.



Anyanisi sibhidvo setigadla lesitsandvwako. Simila ngaphasi kwemhlaba.

Sinembala lomhlopho ngekhatsi kantsi ngaphandle sisaliphuti. Singaphekwa ngetindlela letehlukene nobe sifakwe kumasaladi. Anyanisi ulungele kuvikela imitimba yetfu kutsi singangenwa tifo letehlukene.